

Mission Ball

Week Score Sheet

Name _____ Date _____

Actions [All actions must be a stretch from what you are already doing!]

Happiness & Fulfillment	Getting Better	Helping Others	Protecting The World
<p>[These actions include ones that are the "best, most loving use of your time."]</p>	<p>[These actions increase your available time, money or energy.]</p>	<p>[These actions help or empower people directly.]</p>	<p>[These actions help the world or help people indirectly.]</p>
Total	Total	Total	Total

(More space on back.)

Happiness & Fulfillment	Getting Better	Helping Others	Protecting The World
Sub-Total	Sub-Total	Sub-Total	Sub-Total